

Faith CONNECTIONS



First Presbyterian
Church of Lake Forest
www.firstchurchlf.org

700 N. Sheridan Road
Lake Forest, IL 60045
847.234.6250 fax 847.234.6283

February 25

Ephesians 3: 14-21
Claire Curran,
Reverend Christine
Chakoian and
Reverend
Kent Kinney
*Prayer does not
depend on a clear
or complete
understanding of
God. As we pray,
we expand our ways
of experiencing God's
grace, love & guidance.*



**Wednesday Morning
Communion Services
& Breakfast**

March 4 _____ *Matthew 6: 7-15*

Dr. Henry Chakoian and
Reverend Christine Chakoian
*The more we pray, the more we gain an
understanding of prayer (what we are doing,
what we might expect, how it affects us)
and the easier it is to pray with confidence.*

March 11 _____ *Psalms 4: 1-8*

Karol Karlblom and Reverend Kent Kinney
*Prayer can be a part of ordinary life, and ordinary life
a part of prayer. We can use short and simple ways
to pray throughout the day that connect us more
deeply to God, ourselves, others & all creation.*

March 18 _____ *Matthew 6: 5-6*

Gig Hender and Reverend Corey Nelson
*The kinds of prayer that are best for one person are
not necessarily best for someone else. Discovering our
own ways of praying and gathering with others to
pray both nourish our relationship with God.*

March 25 _____ *Mark 2: 1-12*

Nancy Orbison and Reverend Kent Kinney
*Intercession happens any time we bring
anyone to Jesus and ask for his Spirit to be
with them. When we do this, we become
ministers who connect those we love to God.*

April 1 _____ *Luke 11: 5-13*

Reverend Christine Chakoian
*If we are really honest, prayer can change the
way we live our lives. If we learn to listen,
God can be honest with us.*

RECOGNIZING
THE POWER OF CHRIST
TO TRANSFORM LIVES,
THE CORE MISSION OF FIRST CHURCH
PROCLAIM CHRIST'S MESSAGE
PROVIDE A COMMUNITY OF SPIRITUAL NURTURE
& PROMOTE GOD'S VISION OF JUSTICE

Ash Wednesday Supper, Faith Journey & Worship Wednesday, February 25

Supper 6:00^{PM}

Faith Journey 6:30^{PM}

Worship with communion by
intinction and imposition of ashes at 7:00^{PM}

A simple supper will be served in Fellowship Hall promptly at 6:00^{PM}
Reverend Kent Kinney will offer his faith journey promptly at 6:30
and participants will go to the sanctuary at 7:00 for worship which will conclude
by 7:30. Contact Kerry to make your reservation at kspera@firstchurchlf.org or
(847) 234-6250; cost is \$5 per person

LENTEN SMALL GROUP SIGN-UP

Pastor Chakoian encourages all the congregation to take part in a small group experience during the six weeks of Lent this year. Her letter on page two offers insight and inspiration into how and why this is so important at this time in our lives. The groups and leaders listed below are open. Please fill out the form, indicate in which group you would like to participate and return it to the church office. You will be contacted by the group leader. The focus of these groups will be prayer using a book titled *Praying: Meeting God in Daily Life*. Books are available for purchase in the church office and on Sunday morning for \$8.00 each. Groups will meet beginning the week of February 23 and end the week of March 30.

- Monday.....9:00am.....Peg Bramhall (women)
- Monday.....7:00pm.....Paul Bergmann (mixed)
- Tuesday..... 1:30pm.....Kristie Finley (mixed)
- Tuesday.....7:00pm.....Kathleen Flynn-Barnett (women)
- Wednesday.....12:00pm.....Corey Nelson (mixed)
- Wednesday.....7:00pm.....Kent Kinney(mixed)
- Thursday.....9:15am.....Missy Burger/Karil Curran/Anneliese Crawford
(moms w/infants through college)
- Thursday.....5:30pm.....David Barkhausen/Doug Valassis (mixed)
- Thursday.....7:30pm.....Nick Burlew/Doug Valassis (dads w/young children)
- Thursday.....7:30pm.....Duane Wise (mixed)
- Friday.....10:00am.....Jill Hunt (mixed)
- Saturday.....8:30am.....Cynthia Hessemer (women)

Name _____

Email _____ Phone _____



Pastor/Head of Staff... **Reverend Christine Chakoian**...echakoian@firstchurchlf.org
 Associate Pastor for Mission... **Reverend Corey Nelson**...cnelson@firstchurchlf.org
 Associate Pastor for Children's Faith Formation... **Rev. Amy Pagliarella**...apagliariella@firstchurchlf.org
 Parish Associate... **Reverend Kent Kinney**...kkinney@firstchurchlf.org
 Executive Director... **Lynnette Hinch**...lhinch@firstchurchlf.org
 Director of Youth Faith Formation... **Kristie Finley**...kfinley@firstchurchlf.org
 Director of Music/Organist... **Jill Hunt**...jhunt@firstchurchlf.org
 Director of Sanctuary Choir... **Tom Tropp**...ttropp@firstchurchlf.org
 Director of Youth Music Ministry... **Lesley Byers**...lbyers@firstchurchlf.org
 Preschool Director... **Ruth Luke**...preschool@firstchurchlf.org
 Director of Communications... **Donna Birney**...dbirney@firstchurchlf.org
 Church Business Manager... **Herb Smyers**...hmysers@firstchurchlf.org
 Church website... www.firstchurchlf.org ... fax 847-234-6283... phone 847-234-6250
 First Presbyterian Church of Lake Forest 700 N. Sheridan Rd, Lake Forest, IL 60045 847-234-6250



Dear friends,

You've heard of "Outward Bound" -- the program that challenges your courage, fitness, group trust and individual commitment. At the end of the adventure program, participants feel stronger, more resilient, and better prepared to meet the challenges of the world.

Think of Lent as "Inward Bound" -- the season that stretches your spirit, strengthens your faith, and leaves your faith stronger, your hope more resilient, your spirit prepared for the significant concerns we're all facing.

Precisely because things are so challenging right now, this is not the time to leave spiritual strength to luck. We need to be equipped, and to that end, I am urging my whole congregation to take the six-week challenge of Lent.

And because we can think of a million excuses not to do our spiritual exercises, I am urging you all to join a small group for this six week season.

To make it easy for you, I'm giving you two choices for your "Inward Bound" adventure:

1. Join a small group for a study on Prayer. We have a terrific, user-friendly curriculum -- "Praying: Meeting God in Daily Life." New groups are forming just for the season of Lent. A variety of times are offered. A sign up board is posted in the narthex.

Topics include:

- "What Happens When We Pray?"
- "Prayer for Busy Lives"
- "Don't Be Afraid to Ask"

2. Join one of the ongoing groups for Bible study. Groups meeting at the church include:

- Women's Wednesday Worship Bible study, 10 a.m.
- Men's Bible study, Fridays, 7 a.m.
- Sunday morning Bible study, 9 a.m.
- Presbyterian Women Bible study, Tuesdays, 9:30 a.m.

3. Join one of the church's book groups. They include:

- Christian Perspectives, Thursdays, 1 p.m.
- Christian Ideas, Tuesdays at 7 p.m.
- Men's Discussion, Sundays at 8 a.m.

Can't do any of them? Consider picking up the study guide "Praying: Meeting God in Daily Life" and joining an on-line discussion.

I know, I know. We're all busy. The times are stressful. There's no room for anything else on our plates.

All of which is why now is the time to commit to your best spiritual self. Let's commit to "Inward Bound" together.

Every blessing,

Christine Chakoian

Sunday Worship

SUNDAY, FEBRUARY 15

6TH SUNDAY IN ORDINARY TIME

9:00 & 11:00AM Worship

Reverend Christine Chakoian

Soloist Susan Noble at 9:00AM

Sanctuary Choir at 11:00AM

Acts 4: 32-35;

I Corinthians 3: 10-17

SUNDAY, FEBRUARY 22

TRANSEFIGURATION OF THE LORD

9:00 & 11:00AM Worship

It's Okay to Be Different,

Children's Choirs

Matthew 5: 9

SUNDAY EVENING, MARCH 1

FIRST @ First Church Sunday

Dinner @ 6:00 Worship @ 7:00PM

Faith Connections

is published bi-monthly and mailed to 1300 members and friends of



First Presbyterian Church of Lake Forest.

Submission due dates are the 1st and the 15th of every month.

Please send submissions to kwolff@firstchurchlf.org

faxed to (847) 234-6283 or

dropped off at the church office.

CHURCH OFFICE 847-234-6250

HOURS: Mon-Fri 8:30-5:00PM

Saturdays [Sept - May] 8:00-noon

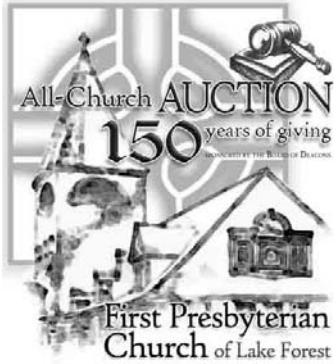
PROCLAIM CHRIST'S MESSAGE

All-Church Auction 150 years of giving

SPONSORED BY THE BOARD OF DEACONS

April 18

Knollwood Country Club



First Presbyterian Church of Lake Forest has a strong history of raising funds for mission since its founding almost 150 years ago. As we prepare to celebrate our 150th anniversary, the all-church auction recognizes this commitment

with the theme "150 Years of Giving."

Be sure to mark your calendars to attend this year's auction, which will be held on **Saturday, April 18,** at Knollwood Country Club.

This annual auction raises funds to support agencies that work energetically to promote social justice through local mission activities. One hundred per cent of the proceeds from this event benefit various Lake County missions. In the coming weeks, we will be highlighting these organizations, including PADS, Soup Kitchen, Habitat for Humanity, Boys and Girls Clubs of Lake County, A Safe Place, The Haven and many others. Learn more about what these agencies do in future *Faith Connections* and Sunday church bulletins. During these challenging economic times, these organizations need our support more than ever.

Get involved. You can contribute to this event not only by attending the auction and encouraging others to attend, but also by donating auction items and helping the Auction committee that is already busy organizing it. **The success of this event depends upon our church family.**

Many different types of auction items are needed. Wished-for donations include creative parties or gatherings, musical talents, special lessons or instruction, sporting event/concert/theater tickets, restaurant gift certificates, airline miles and the use of vacation homes. Unique auction items are well received. The deadline for donations is March 15.

The Board of Deacons welcomes and encourages your gifts of time and talent and donations. Please contact Laura Sibley at (847) 615-9221 or sibleylaura1948@yahoo.com.

WANTED: Musicians/singers, grades 6-8, to lead music for the April 26 Blessing of the Animals service. This is a great way to get started in the music ministry and prepare for a role with the High School worship band, Eggs Benediction. Please contact Lesley Byers at LesleyPByers@aol.com or (847) 736-1621 for more information and rehearsal times.



Broken Promises, Broken Dreams: Stories of Jewish and Palestinian Trauma and Resilience

Lecture and Discussion with Alice Rothchild

In her book and in this discussion, Alice Rothchild invites us, through first-hand narratives, to engage in a different kind of conversation about Israel and Palestine, rooted in Jewish humanism, grounded in empathy and forgiveness, and coupled with an appreciation of the urgent need for political action.

Alice Rothchild is a graduate of Bryn Mawr College and Boston University School of Medicine. Following post-graduate medical education in Obstetrics and Gynecology in Boston, she co-founded Urban Woman and Child Health, Inc., a non-profit medical practice in Jamaica Plain, MA, and then went on to join the staff of Harvard Vanguard Medical Associates. She is currently an Assistant Professor of Obstetrics, Gynecology, and Reproductive Biology at Harvard Medical School. She co-founded and co-chairs Boston's Visions of Peace with Justice in Israel/Palestine, is a member of American Jews for a Just Peace, and is a co-organizer of the Health and Human Rights Project.

Alice has always been interested in the relationship between politics and medicine and was involved in writing the first edition of *Our Bodies Ourselves*. In 1997 Alice turned much of her non-medical focus to understanding the Israeli/Palestinian conflict and its relationship to US foreign policy and American Jewry.

Her latest book, *Broken Promises, Broken Dreams: Stories of Jewish and Palestinian Trauma and Resilience*, was released in April, 2007. The book is an intimate journey grappling with the complicated historical legacy of Israel and Palestine and the author's relationship to these issues as a Jewish American physician, grounded by the traumas of the Holocaust and her family's passionate love of Israel.

Date: Saturday, **March 21,** 2009

Time: 10:00 - 11:30AM

Place: First Presbyterian Church/Fellowship Hall

For more information and to RSVP, please contact Kerry Spera at (847) 234-6250 or kspera@firstchurchlf.org, or go to our web site at www.firstchurchlf.org/adult/index.html.

Dr. Rothchild's book, *Broken Promises, Broken Dreams: Stories of Jewish and Palestinian Trauma and Resilience* will be on sale at this event and Dr. Rothchild will sign copies afterwards.

Book Signing!

Please join us for this exciting discussion of Dr. Rothchild's personal experience with current events in the Holy Land! There is no charge for the event but please RSVP if you are able so that we can plan appropriately.

TEAR-OUT & RETURN TO CHURCH OFFICE

While the ACNC is charged with final responsibility, the congregation is invited to help by offering suggestions for consideration. Below is a general list of expectations. Please submit your confidential suggestions on this form at church and submit by February 3.

CHRISTIAN LIVING & PERSONAL CHARACTERISTICS

- ♦ Willingness to serve God and the ministry of Jesus Christ with energy, intelligence, imagination and love
- ♦ Be a friend among colleagues in ministry and service
- ♦ Evidence of grace and compassion in daily life
- ♦ Openness to new ideas and willingness to learn
- ♦ Maturity of judgment
- ♦ Ability to follow through on assignments

CHURCH INVOLVEMENT

- ♦ Regular attendance at worship services
- ♦ Active participation in church activities
- ♦ Leadership of some aspect of ministry or service
- ♦ Evidence of commitment to the church & its mission
- ♦ Willingness & ability to attend regularly scheduled meetings



Elder Term: June 2009-May 2012

Book of Order, G-6.0300

TOGETHER WITH THE MINISTERS OF THE WORD AND SACRAMENT,
ELDERS EXERCISE LEADERSHIP, GOVERNMENT, AND DISCIPLINE AND HAVE RESPONSIBILITY
FOR OUR CHURCH AS WELL AS THE CHURCH-AT-LARGE, INCLUDING ECUMENICAL RELATIONSHIPS.

We are looking for adult members to serve as Elders for a three-year term and two youth Elders to serve a one-year term.

IN ADDITION TO THE PERSONAL CHARACTERISTICS AND CHURCH INVOLVEMENT LISTED, AN ELDER WILL:

- ♦ demonstrate leadership
- ♦ be able to attend a monthly Session meeting
- ♦ serve actively on a Session committee

FOR ELDER, I RECOMMEND THE FOLLOWING MEMBER: _____

COMMENTS TO OFFER: _____

YOUR NAME & PHONE (OPTIONAL) _____



Deacon Term: June 2009-May 2012

Book of Order, G-6.0400

IT IS THE DUTY OF DEACONS, FIRST OF ALL TO MINISTER TO THOSE WHO ARE IN NEED,
TO THE SICK, TO THE FRIENDLESS, AND TO ANY WHO MAY BE IN DISTRESS.

We are looking for adult members to serve as Deacons for a three-year term and two youth Deacons to serve a one-year term.

IN ADDITION TO THE PERSONAL CHARACTERISTICS AND CHURCH INVOLVEMENT LISTED, A DEACON WILL:

- ♦ have current volunteer leadership experience
- ♦ be able to attend a monthly Board of Deacons meeting
- ♦ devote time to work with a Lake County agency supported by our church and/or congregational outreach programs.

FOR DEACON, I RECOMMEND THE FOLLOWING MEMBER: _____

COMMENTS TO OFFER: _____

YOUR NAME & PHONE (OPTIONAL) _____

All-Church Nominating Committee

Term: June 2009-May 2011

This committee nominates new Elders, new Deacons, new members of the All-Church Nominating Committee and special committees as needed by the congregation.

There are 9 members: 5 at-large from the Congregation, 2 current Elders and 2 current Deacons.

There are two at-large openings to serve a two-year term.

FOR ALL-CHURCH NOMINATING COMMITTEE MEMBER-AT-LARGE,

I RECOMMEND THE FOLLOWING MEMBER: _____

COMMENTS TO OFFER: _____

YOUR NAME & PHONE (OPTIONAL) _____

PANCAKE BREAKFAST

The Senior High youth will be cooking & serving pancakes on Sunday February 22 during Fellowship hour.

Shrove Tuesday in Lent is a Western European tradition in which the pancake represents the richest type of food that could be consumed quickly before going through the 40 days of fasting during Lent, much like Fat Tuesday and Mardi Gras. Making pancakes uses up all the basic, rich ingredients (fats, eggs and dairy) readily available in most people's kitchens. It is practical, helps the budget, & fills a person up. Join the youth, **no reservations needed**, for breakfast, brunch or lunch as they help us prepare for the Lenten season on Sunday, February 22 during regular coffee hour.

DIAPER DRIVE!

We celebrate the arrival of Rowan Matthew Foley on Monday, January 25 at 5:20 p.m. to Pastor Amy Pagliarella, her husband Colm and son Nolan. Rowan weighed 10 pounds, 2 ounces and was 19 inches long. In honor of Rowan and in lieu of baby gifts the Children's Faith Formation Team is having a diaper/baby wipe/formula drive to support local agencies that are in desperate need in these difficult economic times. There will be a box under the Children's Table across from the main office to place any donations, along with a paper bottle to write a note to Amy and Rowan. Please help us celebrate this exciting arrival in their family!

BIRTHS

We welcome Vivian Patrice Shibilski, born January 31, 2009. She is the granddaughter of Lynn and Ted Rojahn.

PROCLAIM CHRIST'S MESSAGE

Middle School Retreat

Does it seem possible that Will Farrell of Elf fame could possibly help our middle schoolers understand the Fruits of the Spirit? It happened! A cold, cold weekend found six students in central Illinois at East Bay Camp with 160 other middle schoolers from the Presbytery. Everyone was mixed in small groups with different people and attended workshops on worship planning, crafts and a



labyrinth making workshop lead by our own Kristie Finley. Everyone participated in the Talent Show on Saturday night and made new friends. The group was talking about attending next year before they even left worship Sunday morning!



Sunday, **February 22**, 9:00 & 11:00

Children's Choirs

Susan Noble and Jill Hunt, directors

"It's Okay to be Different" by Gene Grier, Lowell Everson, and Natalie Sleeth.

The play is based on Matthew 5:9, "*Blessed are the peacemakers, for they will be called children of God*" and Isaiah 11:6, "*The wolf shall live with the lamb.*"

New Music Staff

We welcome Kelly Stewart, a new assistant to our music staff at First Church. Kelly is a sophomore in the Northwestern University School of Music in Evanston majoring in vocal performance. She will be singing with the soprano section of our Sanctuary Choir and leading music in the pre-school Sunday School, grades K-4 Sunday School, and the Youth Chapel. Welcome, Kelly!

FAITH CONNECTIONS GOES

In an effort to save costs and to be environmentally friendly, the church will stop sending the newsletter by post office with the April 1, 2009 issue. This will garner a savings of about \$17,000 for the year. All issues of the newsletter from October 1, 2005 are currently available for viewing on the church web site at www.firstchurchlf.org/newsletter. Beginning April 1, the newsletter will be sent by email. For those who do not have computers, a form will be available in the March newsletters which must be filled out in order for newsletters to be delivered through the post office. Thank you for helping us move forward!

CHRISTOPHER MARTINAT MEMORIAL SCHOLARSHIP

The Christopher Martinat Memorial Scholarship has been established in loving memory of Christopher Martinat, a 1998 Lake Forest High School graduate. In recognition of Chris's love of nature and the outdoors, this scholarship will fully fund the tuition for a month-long NOLS (National Outdoor Leadership School) experience in the Rocky Mountains for one selected student. Rocky Mountain courses are typified by travel at relatively high altitude (8-12,000 ft.), spectacular scenery, wildlife viewing and opportunities for rock climbing and fishing.

INTERESTED APPLICANTS MUST BE AT LEAST 16 YEARS OF AGE AND RESIDENTS OF LAKE FOREST, LAKE BLUFF OR KNOLLWOOD.

Application packets are available at The Guidance Department at Lake Forest High School, Lake Forest Academy and Woodlands Academy. Completed applications, which include an essay, should be **returned no later than Friday, March 9**. A selection panel will interview semi-finalists and a recipient will be announced no later than Friday March 27. For additional information contact Linda Martinat (847) 615-0820.

This fund was established by generous donations to the Christopher Martinat Memorial Scholarship and will provide a NOLS outdoor experience for a selected student every year into perpetuity. A very special thanks to all who made this memorial possible.

Lunch Bunch

On Friday, **February 27**, Lunch Bunch will welcome **Susan Kelsey**, Economic Development Coordinator for the City of Lake Forest. A local Lake Forester, Susan will give a visual presentation on what's happening in the business sector of Lake Forest and how she plans to maintain a healthy business climate. Come at noon to the South Parlor. Cost is \$6. at the door. Call Kerry Spera for reservations at (847) 234-6250, ext 233, by Tuesday, February 24. Everyone is welcome!

PROCLAIM CHRIST'S MESSAGE

Session Highlights from January

Pastor Christine completed her two-week study in Hyde Park, where she read 12 books, wrote approximately 25 pages of the book commemorating the 150th anniversary of First Presbyterian Church, studied the nature of history, and is still writing in her spare time! It was an invaluable experience for her – rejuvenating and enlightening. Christine thanked the Session and congregation for giving her the time to research and write.

Treasurer John Johnson reported that 98% of the congregation has fulfilled pledges for 2008, the highest percentage in recent years. There was also a large increase in non-pledge giving in December. John reviewed the revised 2009 budget in detail with Session, taking questions. The proposed 2009 budget was approved unanimously, with the Session's grateful thanks to Finance, Stewardship, and Staff.

The Board of Deacons All Church Auction will be held Saturday, April 18 at Knollwood Country Club. Contact Tracy Tolmie, Laura Sibley, Maureen Olsen or Cesilie Price with auction donations.

The annual L.E.A.D. (Leadership, Education, and Development for the Whole Church) conference will be held Saturday, March 7 from 8:00AM to 3:00PM at McCormick Theological Seminary. ALL are welcome to attend these informative sessions. Please see www.mccormick.edu to register and learn more about the day.

Annual Meeting Part I

The Annual Meeting of the Congregation (Part I) was held on Sunday, February 1, 2009 at 10:00AM with Reverend Christine Chakoian presiding as Moderator. After an opening prayer, Reverend Chakoian presented the 2008 Annual Report.

Highlights include: the addition of a Sunday evening worship service as well as youth chapel for grades 5-7; growth in small group ministry, a summary of staffing changes, and additional staff needs in youth ministry; mission projects such as Presbyterian Women's annual rummage and the Senior High Work Trip, and new mission initiatives such as the partnership with Neal Math and Science Academy in North Chicago and Family Faith in Action, which features mission projects for our youngest children.

Christine Edwards, Finance Committee Moderator, presented the 2008 preliminary financial report and the 2009 budget.

The congregation voted to receive both reports.

Dan O'Neil, Personnel Committee Moderator, presented the terms of call, the salary and benefits of the congregation's called pastors, Reverends Chakoian, Nelson and Pagliarella. The congregation voted to approve the terms as presented.

The meeting adjourned until **Part II**, which will be held on **Sunday, April 19, 2009**. The business of that meeting will include: the report of the All Church Nominating Committee (ACNC) and the election of Elders, Deacons, and members of the ACNC. Additional copies of the 2008 annual report and the financial reports are available in the church office as well as online, at www.firstchurchlf.org.

Presbyterian Women begins a four-part video-led Bible Study on **February 17** at 9:30 in the Parish House, continuing on March 3, 17 and April 7.



Titled "*The Gathering Woman*," pastor/author, the Rev. Dale Lindsay Morgan portrays significant women of the Bible, sharing their stories and imagined artifacts found in her gathering trunk. Join us to share their powerful stories that inspire our own lives today. Contact Dawn Neal (847)-234-7632 or Rita Fossell (847) 234-4761.

God Will Do Wonders Among You Presbyterian Women Churchwide Gathering Louisville, Kentucky July 11 -15, 2009

Registration (before May 15 \$380; on or after May 15 \$430) includes 10 meals, all programs, tote bag and program book. Hotel, travel and Tuesday Synod Lunch are additional.

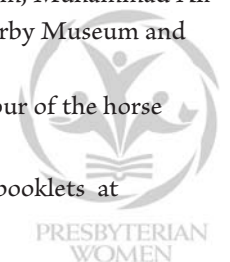
Come for uplifting music, drama and worship, inspiring speakers, workshops and forums, fun in the Great Room, shopping at the Global marketplace, the resource area and Cokesbury bookstore!

Come to nurture your faith, to be in community with other women, to learn about current issue in the church and the world, to learn about missions and mission opportunities, to participate in worship and Bible study, to meet women from around the country and around the world.

The PW Churchwide Gathering is a great event to plan a vacation around for the whole family! Special programs include:

- A golf tournament the morning before the Gathering begins
- Day care for ages 6 months to 5 years in the Convention Center
- An off-site day camp for 6-12 year olds
- A fantastic mission experience for 13-18 year olds.
Cost includes all meals, program and offsite housing at Urban Spirit in Louisville. See www.urbanspirit.org
- Afternoon Journeys to Louisville Seminary, the Presbyterian Center, Central Presbyterian Church, Thomas Merton Center, and Kentucky Refugee Ministries (\$2 transportation fee)
- Tours to local museums and attractions (additional fees apply) include Louisville Slugger Museum and The Frazier International History Museum, Muhammad Ali Center, Churchill Downs and the Derby Museum and Louisville Glassworks
- Breakfast at Churchill Downs with tour of the horse barns (additional fee applies)

Get more information and registration booklets at www.pcusa.org/pwgathering





ELDERS

CLASS OF 2009:

Jacquie Berkshire
 Diane Fondriest
 Rick Jones
 Peter Keller
 Dan O'Neil
 Beth Mynhier
 Doug Valassis
 Carla Wyckoff
 Amanda Jenkins
 Ali Killam

CLASS OF 2010:

David Cain
 Joe Hickey
 Bill Lay
 Rich Levin
 Linda Martinat
 Jim Mayhall
 Susan Milanak
 Anne Warnke

CLASS OF 2011:

Tim Christie
 Chris Edwards
 Liz Gescheidle
 Donna Johnson
 Karol Karlblom
 Dick Mentzinger
 Gordon "Spike" Paul
 Missy Romanoff



DEACONS

CLASS OF 2009:

Jonathan Clair
 Pat Cummings
 Joel Ferrin
 Todd Harris
 Amy O'Keane
 Maureen Olsen
 Tracy Tolmie
 Bert Tucker
 Jennifer Long
 Rebecca Raudabaugh

CLASS OF 2010:

Sue Barkhausen
 Paul Bergmann
 Bevan Duncan
 Vandy Janson
 Cesilie Price
 Bill Shriver
 Carl Stevens
 Duane Wise

CLASS OF 2011:

Sue Dye
 Laura Flynn
 Nancy Hensel
 Stewart Kerr
 Barbara Schulz
 Laura Sibley
 Julie Stevenson
 Bill Vernon

AN INVITATION TO THE CONGREGATION

God saved us and called us with a holy calling not according to our works but according to his own purpose and grace.

2 Timothy 1: 9

THE ALL-CHURCH NOMINATING COMMITTEE (ACNC) HAS BEGUN THE PROCESS OF GATHERING NAMES OF SERVANT LEADERS FOR OUR CHURCH:

Elder
 Deacon
 Member-at-Large of the ACNC



The congregation of First Presbyterian Church of Lake Forest is encouraged to offer suggestions for consideration.

We invite you to study the position descriptions and submit your confidential suggestions of someone else or yourself on the forms provided inside this newsletter.

Self-nominations are welcome. After thoughtful study and prayer, we will bring to the congregation a list of names for these offices in April.

We have listed those members who currently serve in these roles; you may wish to ask them about the service and work they have volunteered to undertake.

Any current member of the congregation may be nominated to serve in these positions. Self-nominations are encouraged. The ACNC will consider all nominations and propose a slate of candidates for congregational vote.

Completed forms on next page, may be left in the church office or in the offertory plate. In addition, names may be emailed to Dick Mentzinger, moderator.

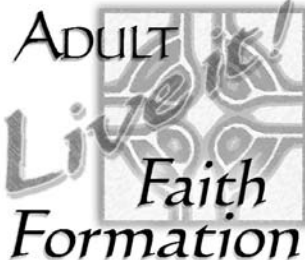
Please return nomination forms by: **SUNDAY, MARCH 1, 2009**

WE SINCERELY THANK YOU IN ADVANCE FOR YOUR HELP AND PARTICIPATION.

MEMBERS OF THE ACNC

Paul Bergmann 847-295-7957.....paul.bergmann@comcast.net
 Stewart Kerr 847-295-8316.....stewart.kerr@associatedbank.com
 Mark Gunderson 847-535-9806.....gunds@comcast.net
 Bill Lay 847-234-0787.....westminsterlf@hotmail.com
 Dick Mentzinger 847-234-2139.....dickmentzinger@comcast.net
 Gale Wayne 847-234-3446.....gswayne@comcast.net
 Art Wood 847-234-5634.....amw5@NTRS.com
 Dave Tolmie 847-234-7801.....dtolmie@aol.com
 Laurie Valassis 847-234-5326.....lvalassis@aol.com

Ask any current church officer listed above for details on what it means to be a part of the elected leadership of First Church.



A Life of Faith: Spiritual Practices For The Journey

The Annual Christine Vogel Lecture

The Stephen Ministry & the Adult Faith Formation Committee of First Presbyterian Church are pleased to announce a **Saturday workshop** given by Dr. Sue Hester, Ph.D. on

Journey of Faith: Spiritual Practices to Grow On

Life can be seen as a journey. Whether the road is smooth, rocky, an uphill climb or an easy slope, we all need sustenance and direction along the way. At this program we will explore spiritual practices

that can assist you on your own personal journey of faith as well as connect you with others who are also on the path with you.

Suzanne J. Hester, Ph.D. is a Licensed Clinical Psychologist who works with individuals of all ages. Sue holds a MA degree in Theology, a PhD in Clinical Psychology, both from Fuller Seminary, Pasadena CA, and is an adjunct instructor at Oakland Community College in Des Plaines. In addition to her clinical practice at the Samaritan Counseling Center, she also specializes in spiritual growth and enjoys presenting seminars and retreats.



When: Saturday, **February 28**, 2009, from 9:00-3:00 PM (lunch included)

Where: First Presbyterian Church of Lake Forest, Fellowship Hall

Price: \$10.00 per person, including morning coffee break and lunch.

Registration: Please pre-register no later than Friday, February 20 with Kerry Spera at (847) 234-6250 or kspera@firstchurchlf.org



First Presbyterian
Church of Lake Forest
www.firstchurchlf.org

700 N. Sheridan Road
Lake Forest, IL 60045

847-234-6250 fax 847-234-6283

NON-PROFIT ORG.
U.S. POSTAGE

PAID

PERMIT N^o. 65
LAKE FOREST, IL

FEBRUARY 15, 2009

SEND SUBMISSIONS TO
publish@firstchurchlf.org

SUBMISSION DUE DATES
ARE THE 1ST & 15TH
OF EACH MONTH.

SUNDAY WORSHIP AT
9:00 & 11:00_{AM}

SUNDAY SCHOOL AT
9:00_{AM}

SUNDAY EVENING, MARCH 1

FIRST @ First Church
Sunday

Dinner @ 6:00 Worship @ 7:00_{PM}



MAKE A DIFFERENCE IN YOUR COMMUNITY!
Become a PADS Public Action to Deliver Shelter Food Donation Volunteer



EVERY 2ND AND 5TH TUESDAY OF THE MONTH

The Core Mission of
First Presbyterian
Church of Lake Forest

•
PROCLAIM
CHRIST'S
MESSAGE

•
PROVIDE A
COMMUNITY
OF SPIRITUAL
NURTURE

•
PROMOTE
GOD'S VISION
OF JUSTICE



is the **3rd Friday**
of **Every Month**

by 4:00_{PM}

in Fellowship Hall kitchen

World Day of Prayer

Friday, March 6, 2009

10:00_{AM} service at the
Church of the Holy Spirit,
Lake Forest

